



Saturday Breakfast Invocation

Crystal Bayat is an Afghan social activist and [human rights](#) advocate known for her protests against the [Taliban takeover](#). A native Ghazni, Shia and Bayat ethnicity minority, Bayat grew up most of her life with democracy and positive societal changes. She is currently continuing the fight to preserve Afghan human right's achievements as an agent of change.

Crystal Bayat was named to the BBC 100 Women 2021 list for her social activist and human-rights advocacy, which figured prominently in protests against the Taliban takeover in 2021.

In 2020, she received the Rumi Award (2nd place) in the “Literature Category” and was also named as one of 50 Influential Women by Rumi Award organizers. She was also recognized by the former Afghan president and parliament in early 2020 for activism in passing the minority rights bill.

For more information about Crystal, visit [her Wikipedia page](#), or [see this Twitter post](#) from the New York Times.